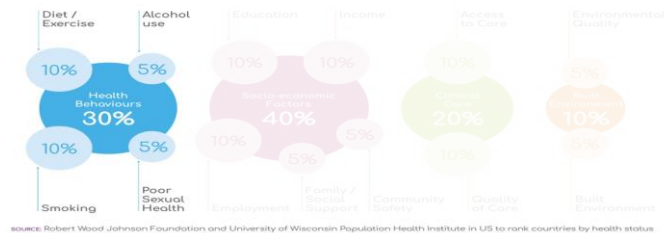


Healthy Behaviours Action Group Progress reporting



Main outcome:

Empower residents to make healthier choices to improve health outcomes

Work programme narrative:

Group is progressing actions and looking to engage further partners to boost groups impact.

H&W Board support request:

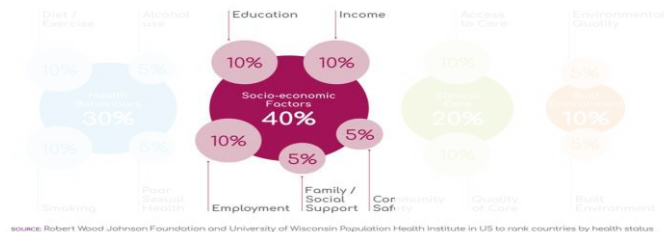
Bord support is required to increase commitment to group from partner organisations as attendance and participation has dropped.

Gaps Identified:

Priority	Objective
Improve Mental Health & Wellbeing	Ensuring early intervention through supporting our communities with more training and awareness to encourage signposting to services.
Increase Physical Activity Levels	Supporting residents of all ages to be more physically active as part of their daily lives.
Tackle Alcohol and Substance Misuse Issues	Improving access to advice and support for residents experiencing alcohol or substance use issues and co-existing conditions within the community.
	Addressing the challenges of County Lines, drugs related criminality and the exploitation of vulnerable people.
	Educating children, young people, adults and families on the risks associated with alcohol and substance misuse.
Reduce Loneliness and Social Isolation	Supporting communities to care for one another and encouraging volunteering.

Objective	Action/Project/Activity	Lead Partner	RAG
Supporting residents of all ages to be more physically active as part of their daily lives.	Support 6 primary schools and 1 secondary school per year to develop & implement active travel plans.	EFDC/EC C	School take up for travel plans has been poor. No school have yet signed up.
Supporting residents of all ages to be more physically active as part of their daily lives.	Places Leisure expanded their support for families struggling with the cost of living crises by offering free swimming in the school holidays	EFDC/Active Essex/PI aces Leisure	Loughton – 65 memberships sold – 146 free swims Waltham Abbey – 40 memberships sold – 90 free swims.
Supporting residents of all ages to be more physically active as part of daily lives	Work with clubs/organisations who have received find your active funding to sustain activity and engagement	Active Essex/EF DC	Club network being developed to further support clubs new local grant for clubs developed
Helping residents with long-term conditions and disabilities have the same equitable access to services as other residents	Develop a range of specialist PA programmes for people with; - LD Autism - Parkinson's - Dementia	PL/Active Essex/EF DC	LD session developed in Loughton Leisure Centre Supporting 30 regular participants Dementia support in EF centres launched PL applied for funding to run specialist Parkinson session.
Support our education settings to offer more services that can enable positive mental health	Support Red Balloon to expand Embers the dragon programme to preschool and primary schools in the district	EFDC/Red Balloon	No Update Received
Educating children young people, adults and their families on the risks associated with alcohol and substance misuse	- Pilot Crucial Crew programme for Year six primary schools - Pilot programme on drugs education in secondary school.	EFDC	Six schools took part = 199 children. High feedback ratings from children, schools and providers . Full report available on request
Support weight loss by increasing access to services, increasing nutritional awareness, improving access to healthier food options	Design and deliver a series of cooking programmes aimed at residents with long term conditions/young people from areas of deprivation; - Pilot 1 – Ninefields Youth Club - Pilot 2 – Residents with Diabetes/Pre Diabetes.	EFDC/EC FWS/PC N	Lets cook training delivered to over 10 different organisations. Development of long term conditions courses has been started.

Socio-economic Action Group Progress reporting



Main outcome:

Support vulnerable residents to improve live chances for themselves and their families

Work programme narrative:

The Action Group is progressing well and has identified two new projects to add to the action plan.

H&W Board support request:

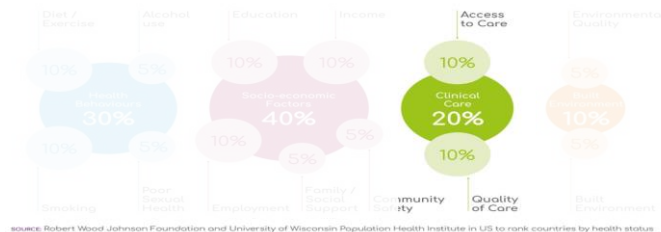
No current support needed

Gaps Identified:

Priority	Objective
Reduce Loneliness and Social Isolation	Supporting communities to care for one another and encouraging volunteering.
	Improving knowledge, training and awareness of loneliness and social isolation to increase recognition and signposting to support services.
Support Residents in Relation to the Rising Cost of Living	helping residents of all ages access education, training, skills development and volunteering opportunities to enable them to fulfil their potential.
	Increasing knowledge and awareness of financial skills and support amongst children, young people and adults.
	Working with employers and anchor institutions to enhance employment opportunities for residents.
Improve Mental Health & Wellbeing	Increasing access to services that can enable positive mental health in the community and workplace.

Objective	Action/Project/Activity	Lead Partner	RAG
Improving knowledge, training and awareness of loneliness and social isolation to increase recognition and signposting to support services.	Support the sustainability of Warm Spaces into social spaces to offer residents an informal place to meet and connect	EFDC/VAEF/ community organisations	20 Active Warm Places in the district supporting over 200 residents.
Helping residents with long-term conditions and disabilities have the same equitable access to services as other residents	Develop 'financial health check' for residents with long term health conditions and their families; <ul style="list-style-type: none"> - COPD (pilot) - Other conditions to be confirmed 	CA/EFDC/Ep ping North PCN	Project plan being finalised with PCN colleagues
Working with employers and anchor institutions to enhance employment opportunities for residents.	Develop a series of recruitment fairs highlighting the opportunities within the public and private sector locally. The fairs will focus on particular themes; <ul style="list-style-type: none"> - Adults with LD/Autism (report available on request) - Areas of Deprivation - General population 	EFDC/CA/ICB	Ninefields Event in Autum engaged 20 residents. Meet the buyer event being planned for 14 th March to link local suppliers with big developers.
helping residents of all ages access education, training, skills development and volunteering opportunities to enable them to fulfil their potential.	<ul style="list-style-type: none"> - Develop a pilot series of outreach training programmes in areas of deprivation to boost skills development (including access to Essex Multiply Programme); <ul style="list-style-type: none"> - 1st Pilot Ninefields - Work with training providers and ECC to enhance childcare provision through training of local residents <ul style="list-style-type: none"> - 1st Pilot Ninefields 	EFDC/ECC/C ollage/CA	Training survey completed (400 responses) highlighted need for digital skills and maths skills and lack of training. Working with NCC to develop training programme in priority areas
Increasing knowledge and awareness of financial skills and support amongst children, young people and adults.	Work with local partners to replicate financial hub in other areas of need; <ul style="list-style-type: none"> - Loughton - Ongar - Chigwell 	EFDC/ICB/CA	CA delivering new outreach session at Limes farm in partnership with EFDC benefits team. Working with Restore to develop Hub Thursdays 9am – 1pm
Increasing access to available resources which will support residents with the rising cost of fuel and food.	Project to promote uptake of unclaimed pension credits. Initially targeting areas of higher deprivation amongst older adults	EFDC	Marketing developed and distributed to hubs and partners. Further distribution to target areas to take place

Clinical Action Groups Progress Reporting



Main outcome:
Integration of Clinical and Community service to enable better health outcomes for residents particularly those in the core 20+5

Work programme narrative:
Groups are now progressing with various projects and work streams

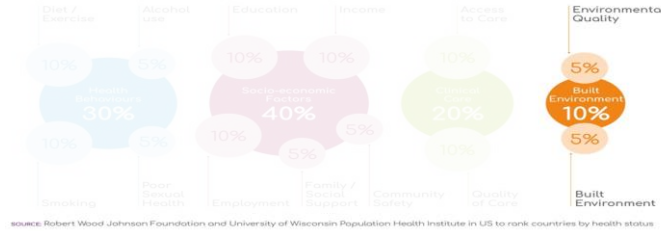
H&W Board support request:
 Support in raising awareness of certain projects – Falls Car

Gaps Identified:

Priority	Objective
Increase Physical Activity Levels	Helping residents with long-term conditions and disabilities have the same equitable access to services as other residents
	Supporting residents of all ages to be more physically active as part of their daily lives.
Reduce Loneliness and Social Isolation	Helping residents feel safer in their communities through effective partnership working to meet emerging threats and needs.

Objective	Action/Project/Activity	Lead Partner	RAG
Helping residents with long-term conditions and disabilities have the same equitable access to services as other residents	Care Coordination Centre – supporting residents with long term condition accessing referral and support.	ICB/EPUT	CCC developed and lunched with clear referral pathways. Supporting papers available on request.
Supporting residents of all ages to be more physically active as part of their daily lives.	Social Active Strong – Falls Prevention programme	EFDC/HC/UDC/ICB	Service commissioned for a further 2 years plus optional additional year. 22/23 data available on request
Helping residents with long-term conditions and disabilities have the same equitable access to services as other residents	Blood Pressure Check for residents with long term conditions in areas of deprivation who have not had a health check in last 5 years.	LBC/ICB	First cohort of residents have been invited for checks via text message inviting them to local pharmacy. Second stage to engage with residents who have not come forward completed 320 patients engaged at Health MOT at New City Collage.
Helping residents feel safer in their communities through effective partnership working to meet emerging threats and needs.	Falls Car for West Essex – To reduce hospital conveyances – reduce response times to residents who have fallen	ICB/EPUT	Falls Car launched and performing extremely well. Targets met for calls diverted from ambulance stack.
Helping residents with long-term conditions and disabilities have the same equitable access to services as other residents	Health Checks/Support Offer for adults with LD and high BMI. Phase 1 – identification and onward referral completed Phase 2 – understanding why patients refused support and trends.	Epping North PCN/ICB/EFDC	Project Completed
Helping residents feel safer in their communities through effective partnership working to meet emerging threats and needs.	Whzan – Care home project - allows care homes to easily measure patient vital signs and to share this information with the GP practice. Leading to early identification of any issues for patients resident in care homes meaning more proactive rather than reactive care for these patients.	Epping North PCN/ICB	

Built & Natural Environment Action Group



Main outcome:

TBA - To influence change in planning policy to improve health outcomes of Epping Forest residents and reduce health inequalities

Work programme narrative:

The group has now met for second time and conducted mapping exercise to identify gaps. The mapping analysis has show there is lots of work taking place in planning to ensure new developments promote health and wellbeing.

H&W Board support request:

No specific request other than greater support from ECC with Active Travel withing EF

Gaps Identified:

Priority	Objective
Increase Physical Activity	Supporting residents of all ages to be more physically active as part of their daily lives
Increase Physical Activity	Healthier Designed Places that promote better lifestyles and improved access to green spaces
Increase Physical Activity	Supporting weight loss by increasing access to services, increasing nutritional awareness and improving access to healthier food options

Objective	Action/Project/Activity	Lead Partner	RAG
Healthier Designed Places that promote better lifestyles and improved access to green spaces	Environmental Improvement to Abby Wood Ninefields so that the area becomes a accessible natural space for the local community.	EFDC/Qualis/Countryside Care	New signage and wayfinding installed. Project to encourage use of space with EFDM delivered.
Healthier Designed Places that promote better lifestyles and improved access to green spaces	Development of HIA quality assurance guidance for developer and DM officers to ensure HIA are of a good standard and ensure the health benefits of new developments are maximised.	EFDC	Quality assurance guidance developed and approved. HIA masterclass delivered to planning colleagues
Healthier Designed Places that promote better lifestyles and improved access to green spaces	Greater community involvement/partnership involvement in design code for new developments.	EFDC	Design codes to be taken to Action Group for comment and plan to engage wider community
Healthier Designed Places that promote better lifestyles and improved access to green spaces	Refresh of playing pitch strategy and development of play area strategy to support evidence of need for S106 funding.	EFDC	Funding required to refresh plan.
Supporting residents of all ages to be more physically active as part of their daily lives	Deliver LCWIP for Waltham Abbey and access funding to implement recommendations	EFDC/ECC	ECC have commissioned PJA to undertake LCWIP for WA
Supporting weight loss by increasing access to services, increasing nutritional awareness and improving access to healthier food options	Investigate the possibility of developing SPD to limit fast food outlets in areas of high obesity.	EFDC/ECC	Research being undertaken to explore possibility of SPD