



*aiming to achieve
the best in local healthcare*

West Essex
Primary Care Trust



A Proposed Strategy for Healthcare in West Essex

Aidan Thomas
Chief Executive

The Strategic Context

Nationally

- White papers
 - Our Health, Our Care, Our Say
 - Choosing Health, Making Healthy Choices
- NHS in England Operating Framework

Locally

- Creating a patient led NHS
- Practice Based Commissioning

Strategic local issues

Issues facing people in West Essex:

- poor access to services
- deprived communities
- a higher than average age range
- spend too long in hospital, particularly if they are elderly or suffering from a long term condition.

Strategic local issues

Issues facing people in West Essex:

- are often admitted to hospital when adequately accessible alternatives might prevent this
- a huge population growth
- use an NHS which faces significant challenges
- access some hospitals which are under review for financial and capacity reasons.

The Strategy

Sets out our aims to:

- meet the government targets
 - 18 week wait
 - sexual health
 - obesity
 - smoking
 - cancer
- work with our partners to demonstrably improve health and well-being in the more deprived parts of West Essex, and services to those communities

The Strategy

Sets out our aims to:

- move health services into, or closer to, people's homes wherever this is possible and safe
- we will do significantly more to support older people and people with long term conditions at home
- significantly improve access to and scope of primary care.

The Strategy

Sets our our aims to:

- reconfigure and develop services to avoid unnecessary emergency admissions
- ensure we stay within budget by:
 - limiting investment to essential developments and those which are demonstrably self funding
 - ensuring we commission services effectively
 - ceasing services which are not cost effective or evidence based.

The Strategy

Sets out our plans for:

- planning healthcare for the future
- changes to support service delivery
- how we will deliver the strategy.

Next Steps

- Consultation from 2 April to 31 May 2007
- Public meetings
- Meetings with:
 - local groups
 - patients, carers and user groups
 - staff - internal and in the wider health community
- All information on our website
www.westessexpct.nhs.uk



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