

EPPING FOREST DISTRICT LOCAL COUNCILS' LIAISON COMMITTEE MINUTES

Date: Monday, 11 March 2019 **Time:** 7.30 - 9.25 pm

Place: Council Chamber - Civic
Offices, High Street, Epping

**Members
Present:**

Representing Epping Forest District Council:

Councillors R Bassett (Chairman), C C Pond (Vice-Chairman), J Lea, B Rolfe, M Sartin and J H Whitehouse

Other Councillors:

Councillors A Patel and S Kane

Representing Essex County Council:

County Councillors R Gadsby, M McEwen and G Mohindra

Representing Local Councils:

R Alvin (Chigwell Parish Council), A Belgrave (Chigwell Parish Council), B Scruton (Epping Town Council), D Buckle (Epping Upland Parish Council), D Wixley (Loughton Town Council), M Squire (Loughton Town Council), R Brockman (Matching Parish Council), E Simpson (Matching Parish Council), S Billingham (Nazeing Parish Council), K Carter (Nazeing Parish Council), S Clarke (Nazeing Parish Council), T Blanks (North Weald Bassett Parish Council), S Jackman (North Weald Bassett Parish Council), R Morgan (Sheering Parish Council), R Northwood (Sheering Parish Council), S Jackman (Stanford Rivers Parish Council), A Jones (Stanford Rivers Parish Council), J Jackson (Stapleford Abbots Parish Council), E Burn (Theydon Bois Parish Council), H Kane (Waltham Abbey Town Council), L A Mitchell (Waltham Abbey Town Council) and K Richmond (Waltham Abbey Town Council)

Apologies:

Epping Forest District Council:

Councillors A Grigg and E Webster

Essex County Council:

Councillors V Metcalfe

Parish/Town Councils:

K O'Brien (Buckhurst Hill Parish Council), S Sharma (Epping Upland Parish Council), V Evans (Epping Upland Parish Council), S De Luca (North Weald Bassett Parish Council), C Feetham (Ongar Town Council) and N Wilkinson (Roydon Parish Council)

Officers Present: D Macnab (Acting Chief Executive), F Ferrari (Public Health Improvement Officer), R Gardiner (Service Manager (Community Resilience)), G Gold (Assistant Community Health & Wellbeing Manager), A Hendry (Senior Democratic Services Officer), V Messenger (Democratic Services Officer), N Richardson (Service Director (Planning Services)) and J Warwick (Assistant Community Health & Wellbeing Manager)

9. WEBCASTING INTRODUCTION

The Chairman reminded everyone present that the meeting would be broadcast live to the Internet, and that the Council had adopted a protocol for the webcasting of its meetings.

10. MINUTES OF PREVIOUS MEETING

RESOLVED:

That the minutes of the meeting of the Committee held on 10 September 2018 be taken as read and signed by the Chairman as a correct record.

11. EPPING FOREST YOUTH COUNCIL

Youth councillors A Flynn and B Hodgkinson, and Assistant Community Health and Wellbeing Manager, G Gold, were in attendance.

A presentation was received on the work and current projects of the Youth Council. Set-up ten years ago, the Youth Council had gone from strength to strength. It had celebrated its tenth anniversary at the Houses of Parliament in the company of The Right Honourable Eleanor Laing MP for Epping Forest Constituency, Alex Burghart MP for Brentwood and Ongar Constituency, and the High Sheriff of Essex, James Burrough. There had been 128 youth councillors elected over this ten-year period, and all had undertaken a busy training programme.

Both Epping and Loughton town councils had received presentations from youth councillors about their work, which encompassed various activities from anti-social behaviour meetings, learning first aid, to attending civic events, Remembrance Day and carol services. As young volunteers themselves, they encouraged others to also engage with older people.

Their aim, to raise the profile of young people, was certainly achieved this year with the publication of the Drugs Project Report 2019. The youth councillors had consulted some 3,200 secondary school pupils that they represented, via an anonymous survey. This revealed that almost 89 per cent had not tried drugs but 11 per cent had because of curiosity or boredom. The survey also highlighted that 69 per cent of pupils thought that drugs were easily accessible, especially on the street and online. The survey had also asked pupils about the drugs they had tried with legal highs (NO² only) being the most popular. The impact of drug taking on communities and the environment through discarded NO² canisters was also identified as a cause for concern for people in the District.

The Youth Council focussed on young people's safety. The We 'R' Safe project, was a joint collaboration with the Red Balloon Family, and would promote a powerful safety message when it was launched this summer. The Youth Activity Map was also being updated and would be available on the Council's website by July 2019.

The Youth Council had won a mental health awareness award. It had also received a medal in March 2018 in recognition of its crime prevention project, MiLife, at the National Crime Beat Awards, a crime prevention charity of the High Sheriffs' Association in England and Wales. Some 6,000 pupils had attended roadshows and the project had exceeded all expectations.

Youth councillors attended individual schools within the District and they made presentations to other pupils. They usually promoted their activities via social media, Facebook, Twitter and Instagram, which gave young people a voice and was what the Youth Council was all about. They participated in events held by the Epping Forest District Museum, Winter Warmer community days and at the District Council Chairman's civic functions. They also raised money for charities. This year's charity was Cardiac Risk in the Young. The Youth Council was funded by the Council and also received an external grant of over £4,800 from the Jack Petchey Foundation.

The youth councillors wanted to continue to raise the profile of young people through their work in schools, particularly in connection with mental health issues, drug awareness problems, to promote the Youth Activity Map and work on the We 'R' Safe awareness project.

A members question and answer session followed.

The Chairman said that having worked with the Youth Council over a number of years, its work achievements never ceased to amaze him. The new incoming High Sheriff would also be meeting the youth councillors this July. He praised the Drugs Project Report, which he had found very interesting. Having heard from youth councillors how hard it was for young people who looked after a parent(s), went to school and resumed this care afterwards, he had chosen to raise money for the Young Carers Charity at his Chairman's Charity event on 28 March.

Waltham Abbey Town Clerk, K Richmond, asked the age range of the young people that youth councillors had targeted for the drug project consultation. Youth Councillor, A Flynn, replied that students in (school) years 7 to 13 were consulted and by using an anonymous feedback form, which had only asked the area that they lived in.

Epping Town Councillor, B Scruton, said that the Town Council was running the anti-social behaviour and youth strategy group, and asked how they could get other people to be included in all the good work that the Youth Council was doing. When looking at anti-social behaviour and youth strategy more people needed to be involved. Youth Councillor, B Hodgkinson, replied that people had to want to make a change. All youth councillors gave up their time to do this. They would need to let everyone know about the problems that were happening in our youth and society really. There were plenty of clubs to reach out to them. The Chairman added that most people did not know where to get help, but by sign posting it, this would help. The Safer Communities Team also provided assistance in this area.

The Chairman thanked the two youth councillors and the Assistant Community Health and Wellbeing Manager for this presentation.

12. ACTIVE LIVING PROJECT

Public Health Improvement Officer, F Ferrari, and Assistant Community Health and Wellbeing Manager, J Warwick, were in attendance.

This was a lifestyle project for adults. The aim was to get inactive people active as statistics had shown that just 30 minutes of regular exercise could add a year onto people's lives.

Following a similar project run by the University of Hertford but adapted for this District, Waltham Abbey was chosen as the pilot town on the research that had been completed. If successful it would be expanded to other areas. An eligible person had to be over 16, live in the Epping Forest District and do less than 30 minutes of activity a week. Participants received an explanatory booklet, were provided one to one support with a trainer and their progress tracked at three, six and nine monthly intervals. There would also be twelve weeks of active living group activities with a further three months free. Classes took place in Buckhurst Hill, Epping and Waltham Abbey. Flexibility if attendance had lapsed, support at the end of a phone or via email, and the opportunity of mixing with like minded people had all helped. Of the 202 referrals, the majority had come from doctors, and families and friends. Those completing a year on the programme had achieved a 100 per cent increased activity.

A members question and answer session followed.

Chigwell Parish Councillor, R Alvin, had recently been contacted by an old age pensioner about the costs as charges were going up to £5 per session and this might impact on referral numbers. F Ferrari replied that they worked closely with Places Leisure. However, this resident was obviously active whereas they worked at the inactive end of the spectrum. These adults would be given free passes to workout at a local leisure centre, but not everyone liked a sports centre environment so another option would be to attend a Forever Active community class. As various programmes were run every day, the aim was to build up activity to encourage people to do more activities. Councillor S Kane said that the Active Life project came under his portfolio, Community and Partnership Services, while leisure came under Councillor N Avey, Contract and Technical Services Portfolio Holder, but they would provide a response.

Buckhurst Hill West Ward Councillor, A Patel, asked about its sustainability and how the Council engaged with local councils to help expand the scheme in local communities, as well as staff resources – the time officers had spent on making the project work and help train local councillors. F Ferrari replied that currently one part time officer but if the project grew, then perhaps a second officer. On sustainability, one idea would be to get people trained up who had participated in the programme and then volunteer to deliver the programme themselves. Another option would be to involve local councils. Officers in the team were registered trainers with the Royal Society of Public Health who could assist in the training of other people to deliver the programme. To prove the programme's worth it would really need to run for two years. The Council had also been funded by Active Essex to pilot the project.

North Weald Parish Councillor S Jackman asked what the cost to individuals would be to those who might do this. F Ferrari replied that there was no charge for the first six months for people referred on to the programme but then they started to pay for classes. The aim was to build more activity into their lives to become more mobile.

The Chairman asked for this presentation to be circulated with the Minutes.

13. ISSUES RAISED BY LOCAL COUNCILS

(a) Community Grant Aid Scheme

Assistant Community Health and Wellbeing Manager, G Gold, was in attendance.

The report outlined guidance for organisations providing services in the community, cultural or sport sectors within the Epping Forest District that wanted to apply for a community grant from the Council. A budget of £83,450 was annually set aside with priority given to those groups that met the Council's key areas. Where applications submitted by various organisations already had support from local councils, this played an important part in the decision. Although a grant was provided to the Redbridge Samaritans, it did provide support to the Epping Forest District. All applications were considered by the Community and Partnerships Portfolio Holder on whether to approve, refuse or defer (pending further information) an application and decisions were made quarterly. Local councils were also provided with publicity information to help promote the scheme.

The Chairman acknowledged that this Council was one of the few local authorities that still provided grants. He had been at the Grant Aid Celebrations held in the Council Chamber on 12 March when over fifty people from twenty-five different organisations had attended.

The Vice-Chairman, C C Pond, asked if organisations making an application were also required to specify if they had applied to a local council. G Gold replied that an organisation would be asked if they had received local council support and would be looking for groups to achieve as many funding sources as possible.

RESOLVED:

That the Committee noted the operation of the Council's community grant aid application processes.

The Chairman advised that as the Service Director (Planning), N Richardson, was in attendance for this item, he would bring forward item 7, Planning Process Review, and item 8, Epping Forest District Local Plan – Progress.

(b) Planning Applications

Planning delegations had been covered extensively at the Local Councils' Liaison Committee last September, and officers were of the opinion that this seemed to be working well. Although less planning applications were coming to the Area Planning Sub-Committees, the same number of applications were being determined by officers after being assessed against the Adopted Local Plan and the emerging Local Plan. All representations, including those from local councils, were taken into consideration. While some local councils were particularly good at notifying Planning when they were going to attend and speak at a planning committee, if this was not made clear, then applications would not be going to committee, but instead dealt with under delegated powers if no other objections had been raised. Also despite a local council stating it had a strong objection to an application, if no one else had objected then it could still be determined by officers under delegated powers.

Local councils had also requested information on how they could influence the progress of section 106 agreements, particularly on masterplanning under the new Local Plan. N Richardson advised that this was not being considered by committees at the present time.

North Weald Parish Councillor, S Jackman, said that her parish council used 'strong' objection in its representations but would always give with a good reason for this at a planning committee.

Theydon Bois Parish Councillor, E Burn, said that her parish council and Epping Town Council gave a lot of detail in their comments and the policies they had also applied in consideration. Theydon Bois also indicated that they would attend and speak at a meeting if it was appropriate for an application to go to committee. However, the Monitoring Officer had advised further that once an agenda was published, local councils also needed to check if any applications it had objected to were on that agenda and phone in at the appropriate time and register to speak. N Richardson said it was very important for local councils to look at the planning committees' agendas when they were published on the Council's website and then register to speak with Democratic Services by 16.00 on the day before the meeting.

Nazeing Parish Councillor, K Carter, asked if local councils would be able to attend a member briefing on S106 agreements on 28 March 2019. N Richardson replied that the briefing was for District Members only at this stage. The workshop would be webcast.

Sheering Parish Councillor, R Morgan, was pleased that S106 agreements were being looked at as Sheering Parish Council had to wait over two years to receive S106 monies it was owed and that there was now a dedicated District S106 officer.

Waltham Abbey Town Clerk, K Richmond, asked if Planning intended to consult with local councils about S106 agreements before any decisions were made. N Richardson replied that he would see what transpired from the members workshop. If this was in relation to what would be going into a planning application, he was sure this would be explored. There were a few local councils that were suggesting at an early stage of the Local Plan process, local infrastructure improvements might be beneficial, and he was hoping that this would be a better mechanism for those comments to come through.

Chigwell Parish Councillor, R Alvin, asked if the Council would be moving towards introducing the Community Infrastructure Levy (CIL) after the Local Plan had been adopted. N Richardson replied that no decision had been made on this yet. Once the Council had a new Adopted Local Plan, hopefully by the end of this year, then this could be looked at, but it also depended on whether the Government released the pooling restrictions on S106 monies.

D Macnab would liaise with the Planning Services Portfolio Holder, Councillor J Philip, to see if the workshop slides could be circulated to local councils, subject to his agreement.

14. PLANNING PROCESS REVIEW

The Service Director (Planning), N Richardson, was in attendance.

A number of revisions to the planning processes had been adopted by Council on 31 July 2018. This had been to help firstly, the delivery of the Local Plan and an anticipated increased workload at the pre-application and application stages. Secondly, this was to address the existing arrangements of planning applications at Area Plans Sub-Committees as many exceeded the national target of eight weeks for determination when an objection was received.

To improve processes when local councils made an objection, they were required to confirm in writing their intention to speak and present the objection at the relevant planning committee. In at least two recent instances applications were on the agenda as the local councils were the sole objectors, but they had not attended the meeting. Thus, in accordance with the current Scheme of Delegation each would have been determined by the Service Director (Planning) under delegated powers. However, the Monitoring Officer had advised that it was inappropriate to simply withdraw an application from a published agenda without some form of consideration by members, and advice was

given to the relevant chairmen and vice-chairmen. Therefore, Council agreed at the meeting on 20 December 2018 the following revision to the Scheme of Delegation (CLD2 – Development Management):

That in the instance where a local council had not registered to speak at an Area Plans Sub-Committee, or failed to attend, having previously advised the Council of their intention to attend and speak, relevant applications be automatically referred (without any consideration of the merits of the development proposal) to the Service Director (Planning Services) for determination in accordance with the Scheme of Delegation.

RESOLVED:

That the Committee noted the revisions made to the planning processes set out within the Planning Delegation arrangements of the Council's Constitution.

15. EPPING FOREST DISTRICT LOCAL PLAN - PROGRESS

The Service Director (Planning), N Richardson, was in attendance.

The Public Hearing sessions of the Local Plan had started on 12 February 2019. The first tranche had covered legal compliance, context, vision and objectives and sustainable development, place shaping and general masterplanning approach, quantitative requirements for development, and spatial strategy. All this information was on the Council website. The hearing sessions had gone very well so far. They were very organised and the public had been attending to watch on the screens. When the Inspector had required further information or clarification, the Council had prepared and submitted this to the Inspector, all of which were available on the Examination website. The Inspector was very much in control. Counsel, M Beard, was also pleased with the progress thus far. The second tranche would start on 19 March. Site selection and viability, housing supply, Garden Town communities and Development Management policies would be discussed. The third tranche would begin on 14 May.

The hearing session for Matter 1, Issue 5 on Habitats Regulations Assessment (HRA) had been postponed until 21 May 2019 in light of the publication of this report in January 2019. The Inspector had decided to also postpone discussion of Development Management Policies DM2 (Epping Forest SAC and Lee Valley SPA) and DM22 (Air Quality) until that date so that the over-lapping matters could be considered at the same session. Developers building within 3.2 kilometres of the Epping Forest Special Area of Conservation (SAC) would have to pay a contribution towards making improvements to the Forest and on air quality on a District-wide basis. Therefore, the Local Planning Authority had not been able to issue decisions on those applications that affected the SAC. The interim strategy of impact on the Forest was still ongoing as the Council had to reach agreement with the Conservators of Epping Forest and Natural England. There was frustration on the delay to planning consents, but this also affected the neighbouring borough councils for Redbridge and Waltham Forest. Any proposed modifications would be consulted on at the conclusion of the Local Plan Hearings. The Local Plan was on course for adoption by October 2019.

A members question and answer session followed.

Councillor J Lea said that other councils were able to build by motorways, because she had seen a new development by a motorway in Torquay, Devon. N Richardson replied that this restriction was to do with the Epping Forest SAC, which was of European importance.

16. ISSUES RAISED BY LOCAL COUNCILS**(c) Environmental Concerns**

Service Manager Community Resilience, R Gardiner, was in attendance.

A report on the Environment and Neighbourhoods Enforcement Activity 2018 had been published in the agenda. Local Councils had particularly asked to receive information on anti-social behaviour, loitering, fly-tipping and the model that was in use at Maldon District Council.

The Environment and Neighbourhoods (EN) team covered incidents mainly to do with fly-tipping, noise, loitering and anti-social behaviour. The EN team for 2018 had comprised seven officers but the EN manager had now been appointed the Community Resilience Service Director in the Council re-structure.

On loitering and anti-social behaviour, the Council targeted enforcement actions and prioritised work amongst the seven EN officers. There were also two police officers, one police sergeant and two anti-social behaviour officers. Diary sheets would be completed and statements taken to assess any problems. There were no patrols to cover littering and dog mess because the EN team worked on a reactive basis to incidents reported.

Epping Forest District had one of the highest number of fly-tipping incidences (2,606) in Essex, which took up 51 per cent of officers' time. Fly-tipping could range from a resident, to a man in a van, and to organised crime. Fixed penalty notices (FPN) were used as an alternative to prosecutions for smaller offences and over £4,200 of financial penalties were imposed. The Council had a 'crime not to care' campaign and residential households had a duty of care to dispose of their rubbish correctly. They needed to ensure that the waste carrier they hired was registered and that they kept all the paperwork. The FPN was currently set at £200 but the maximum was £400. Someone on benefits might struggle with a £400 fine but members would be asked to review the price in due course.

The aim was to keep waste out of the control of rogue traders. Prosecution was used for larger offences. One such recent prosecution resulted in a fine of £25,000, some £2,000 of which would come back to the Council. The EN team had tried to launch the buy with confidence scheme but only one company had signed up and submitted to an audit.

Maldon District Council used Enforcement and Surveillance officers, which although similar were different. The seven officers were more patrol based and covered fly-tipping (circa 500 cases a year), security checks, anti-social behaviour, dog messing, and parking enforcement. It was also the only local authority that undertook speed checks for the Police. Two of these posts were funded by local councils and they could also purchase time for their areas. Maldon District Council did not monitor noise nuisance and had no out of hours noise service. In this district noise nuisance was the second biggest complaint with 1,529 incidents that equated to 30 per cent of officers' workload.

A members question and answer session followed.

The Chairman asked about rubbish thrown from vehicles and added that he had given a witness statement when someone was littering out of a car window. R Gardiner said it had been difficult to identify the perpetrator. The penalty charge notice (PCN) could now be given to the registered keeper of a vehicle. Unfortunately the legislation was not well written but it was a civil matter with an appeals process to reclaim the money.

Councillor D Wixley remarked that Loughton Town Council had dog litter bins installed and asked what the cost was. R Gardiner replied that dog waste could be disposed of in any bin as it was co-mingled with other waste.

Councillor D Wixley asked if on the spot fines were still being issued for littering offences as a FPN was an alternative to prosecution. R Gardiner replied that officers would assess whether there was evidence to prosecute or a FPN would be issued, as on the spot fines were not an option now.

North Weald Parish Councillor, T Blanks, was concerned that fly-tipping was worse in North Weald than in other areas and that there were fewer recycling centres since the one in Ongar had been closed. R Gardiner replied that the causes of fly-tipping were complex. Essex County Council had tightened up on the types of waste going to its recycling centres as only household waste was allowed. Previously far too much commercial waste had been deposited. At the end of the day everyone had to take responsibility for their waste.

Nazeing Parish Councillor, K Carter, commented that commercial waste carriers were charged a lot of money to dispose of waste. R Gardiner replied that in Essex most waste contractors factored in this charge.

Stapleford Abbotts Parish Councillor, J Jackson, commented that she had followed a vehicle fly-tipping and reported it with video footage to the District Council. She had no response back from the Council but had found out later that the perpetrator had been issued with a FPN. R Gardiner replied that fly-tipping posed many difficult problems, such as the use of false number plates, people refusing to give a statement, and offenders not turning up at Court, which meant Court warrants had to be issued. The EN officers were swamped with the workload and though the larger cases should go to the Environment Agency, as it was under resourced, the Council tended to investigate these.

Councillor J H Whitehouse commented on the lights nuisance she had experienced when driving in Theydon Bois, as residents had their own security lights that flashed on and off when road users drove past. R Gardiner replied that EN officers would investigate nuisance lights but most cases were resolved informally as it was easy to check what the problem was.

Councillor M Sartin asked about CCTV on private property which was positioned so that it also filmed in the public domain. She was advised that A Petty was the CCTV Operations Manager and if cameras were positioned into other neighbouring properties this would not be acceptable.

Councillor C C Pond remarked that if there were not enough resources in the EN team then he suggested the Chairman of the Overview and Scrutiny Committee should look at this issue as the Council ought to consider if more resources were needed. R Gardiner replied that The EN team could use as many staff resources as provided and simply did not have enough spare to patrol at the moment.

(d) Air Quality

A report from the Service Manager (Regulatory), S Devine, had detailed that the Council was reviewing its Action Plan with a view to introducing a new range of measures aimed at reducing concentrations of pollutants, both within the AQMA (Air Quality Management Areas) and across the district. Officers had also been involved in a number of local initiatives as part of the Clean Air Day campaign over the summer, from providing educational resources to targeting drivers of idling vehicles outside a few schools. No

FPNs had been issued but all drivers confronted had turned their engines off immediately. If a driver was obstructive or was recognised as a repeat offender then a FPN would be served.

D Macnab explained that during the hearing session on Habitats Regulations Assessment (HRA) (Matter 1, Issue 5), the Local Plan Inspector had postponed this until 21 May 2019, in light of the publication of this report in January 2019. The Inspector had also decided to postpone discussion of Development Management Policies DM2 (Epping Forest SAC and Lee Valley SPA) and DM22 (Air Quality) until that date so that the over-lapping matters could be considered at the same session.

In relation to the drivers of idling vehicles, officers would work with local schools and usually when drivers were approached they would turn their engines off. FPNs could be issued but none had been so far.

Councillor J H Whitehouse said that at Epping Station buses were turning their engines off. D Macnab replied that the Council had raised this with Transport for London. However, the station approach road was a private road, but there were notices displayed to remind bus drivers to turn their engines off.

North Weald Parish Councillor, S Jackman, deplored this issue and any delays because of the Local Plan. Air quality affected lots of people's lives and it was of prime importance.

Cllr C C Pond agreed and that there was a further Government report on idling near school gates, and could joint action be taken between the Council and North Essex Parking Partnership (NEPP). NEPP had some surplus money to spend. Also Transport for London would be deploying electric hybrid buses on 23 March 2019.

Councillor B Scruton added that three complaints of idling vehicles nearby had been reported to St John's School as air quality was such an important issue.

D Macnab said that the Council was not complacent. Some evidence based work had to be done with the Local Plan. In addition, camera cars could be deployed to hotspots and the results of this action taken back to NEPP.

(e) Essex Highways

This item was concerning the maintenance of signs, heritage signs and the role and responsibilities of Essex County Council and Epping Forest District Council (EFDC) and the influence, if any, that EFDC could achieve with ECC. This particularly concerned finger posts, which were of great interest to Theydon Bois Parish Councillor, A Purkiss.

The Vice-Chairman, Councillor C C Pond, reported that road signage was the responsibility of ECC, and lots of signage antiquities and milestones were locally or statutorily listed and more credence should be given to preserve them. Revision of the Local List came under EFDC and it needed to be updated. He asked if any local councils wanted to propose any finger posts, metal or wooden, and any unlisted milestones that they wanted to be added to the Local List, as it would heighten their awareness if they were on a database of heritage objects.

This issue had arisen when an ECC contractor had removed a finger post sited in Berwick Lane, Stanford Rivers. Stanford Rivers Parish Clerk, A Jones, explained that this contractor had unexpectedly replaced the old finger post with a new one.

D Macnab replied that local councils should forward their proposals on heritage assets and unlisted milestones to N Richardson (Service Director (Planning)). EFDC was in regular contact with ECC and the Cabinet Member with responsibility for highways and transportation. There had been conversations around the delegation of some of ECC's functions to District level, such as the highway rangers and other responsibilities around highways and the street scene generally. However, EFDC would probably be advising members that with these responsibilities should come resources and not just a cost shunt. D Macnab said that he would liaise on this with N Richardson and Councillor J Philip (Planning Services Portfolio Holder) around adopting some of this heritage signage and would be relying on local councils to advise of those they thought had particular heritage merit.

Chigwell Parish Councillor, R Alvin, said that a gateway, welcome sign coming into Chigwell from Redbridge had been removed and it seemed that ECC were not that willing to replace it as there was a County-wide strategy to reduce street furniture.

Waltham Abbey Town Clerk, K Richmond, remarked that a gateway sign in Waltham Abbey had been knocked down and the Town Council had got a contractor to replace it.

(f) Street Lighting

In response to public concerns on the turning off of streetlights overnight by County, the District Council had been working with the ECC Cabinet Member for Infrastructure, Councillor K Bentley. Councillor C Whitbread, the Leader, had been able to advise Council on 20 December 2018 of the estimated costs of all night illumination at local council level. However, ECC had been inundated with requests from various local councils for lighting at different times and on different days of the week. It was important therefore, that all requests should be made to EFDC, who would be dealing with the practical arrangements and payments.

Chigwell Parish Councillor, R Alvin, remarked that the Parish Council was not clear about the costs quoted for Chigwell and hence the request to clarify the costs quoted.

17. REVIEW OF POLLING DISTRICTS & POLLING PLACES

The Council was required by Section 18C of the Representation of the People Act 1983 (as amended by Section 17 of the Electoral Registration and Administration Act 2013), to undertake a review of the parliamentary polling districts and polling places within the Epping Forest District by 31 January 2020. The review had commenced on 18 February 2019.

D Macnab advised local councils that this was just a reminder of the formal notice of this review and a list of polling districts and polling places for the Parliamentary Constituency within each town/parish area, that had been issued to every Clerk.

If any local council wished to make comments about the existing or future arrangements for polling districts and polling places, such representations should be sent to democraticservices@eppingforestdc.gov.uk by no later than 1 April 2019.

18. ANY OTHER BUSINESS

The Chairman said that as members knew the Youth Council did a lot of good work in the District and as part of that he had organised the Chairman's Charity Concert on 28 March at 19.00 at New City College. Tickets would cost £10 and all funds raised would be going to youth projects in the Epping Forest District and especially to provide respite for young carers.

19. DATES OF FUTURE MEETINGS

I was noted that future meetings of the Committee would be held at 7.30pm on:

- 16 September 2019; and
- 16 March 2020.

CHAIRMAN



Active

in Epping Forest District

Living

FOR ADULTS

Page

Fabrizio Ferrari

Public Health Improvement Officer

Epping Forest District Council

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Tel 01992 564567

Minute Item 12



livewell

in the Epping Forest District

Eligibility:

- Currently do less than 30 minutes of physical activity per week
- Over 16 years of age
- Live in the district of Epping Forest

What Active Living includes:

- 1-2-1 support
- Motivational Interviewing and Behaviour Change
- Active Living Booklet
- 12 weeks Active Living group activities
- Further 3 months free activities

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Locations

- Buckhurst Hill
- Epping
- Waltham Abbey
 - Mixed and Men's Only

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What Worked Well

- Flexibility
- Personalised approach
- Social opportunity
- Link to existing EFDC activities
- Partner Support

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Results so far....

202
Referalls

87% improved wellbeing score at 3 months
95% increased activity levels at 3 months
90% increased wellbeing at 6 months
100% increased activity levels at 6 months
91% improved wellbeing at 1 year.
100% increased activity levels at 1 year for participants completing programme.
67% retention rate

“Feeling younger and more alert”

“Learning about myself; not just my limits but my capabilities”

“Helps build structure into my day”

“I don't feel on my own”

Participants who have been attending for 1 year – have increased on average their activity from no activity to at least 3*30 minute sessions per week.

Confidence levels have been improved – participants are now attending classes such as Yoga, Pilates, Keep Fit and much more they didn't feel they could attend before Active Living.

Referral Sources

Doctors – 30%

Friends/Family – 23%

Provide – 18%

Social Media – 9%

Forever Active – 5%

WA Town Cryer – 4%

11% shared between:

Parkinson's Nurse, ACE, VAEF, Mental Health, Employability, COPD rehab and Slimming World WA.

Active

in Epping Forest District



Living

FOR ADULTS



livewell

in the Epping Forest District

Case Studies

- A participant in our Waltham Abbey group has recorded the lowest blood sugar levels in 25 years since being part of the programme for over a year now. She regularly does 3-5 sessions per week a mixture of classes and walking something she wouldn't have considered doing before the programme began.
- We have a client who has recently reached a personal goal of losing 2.5 stone, whilst Active Living is not primarily focused on losing weight she has been delighted with the side effect and has increased in confidence dramatically since starting with us 6 months ago.
- Dropped cholesterol levels for one participant from 8.8 to 5.8.

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